

SJAB: 16526

Certificate of Training

Valid for 3 years



ST. JOHN AMBULANCE

a foundation of the
ORDER OF ST. JOHN IN NIGERIA

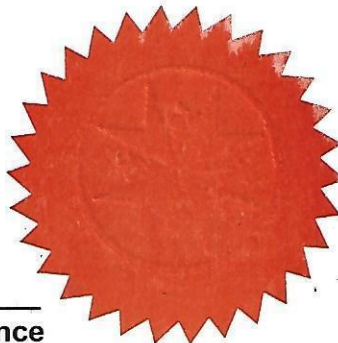
Grand Patron: THE PRESIDENT, FEDERAL REPUBLIC OF NIGERIA

This is to Certify that

ANDREW E.

Has been satisfactorily trained in
Designated First Aid Course
Date: 29th-30th April, 2025

Secretary St. John Ambulance



Chairman St. John Ambulance

DESIGNATED FIRST AIDERS COURSE CONTENT:

- 1. Introduction**
 - 2. What is First Aid**
 - 3. Aims and Objectives of first aid**
 - 4. Qualities of a good first Aider**
 - 5. Principles of First Aid**
 - 6. Scope of First Aid**
 - 7. Guidelines for Provision of First Aid / Emergency Care**
 - 8. Cardio Pulmonary Resuscitation (CPR) / AED**
 - 9. Wounds**
 - 10. Bleeding Fracture**
 - 11. Burns & Scalds**
 - 12. Unconsciousness**
 - 13. Shock**
 - 14. Choking**
 - 15. Airway Obstruction**
 - 16. Heart Attack**
 - 17. Stroke**
 - 18. Drowning**
 - 19. Convulsion & Fits**
 - 20. First Aid Box**
 - 21. The Recovery Position**
 - 22. Effects of Heat**
 - 23. Snake Bites**
 - 24. Poison and Toxic Substances**
 - 25. Frost Bite**
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